

## BREASTFEEDING PRESERVATION

*Dr. Pungler uniquely treats the breastfeeding mother and baby as a pair.*

A mother often interrupts breastfeeding for "medical reasons." When Dr. Pungler reviews the situation, she finds the weaning often occurred because of misinformation.

As she became involved with the breastfeeding community locally, she realized how her pediatric and obstetric medical training encouraged her to support breastfeeding, but how little it had actually prepared her to help breastfeeding pairs when problems arose.

With access to the entire body of medical literature and help from the La Leche League, she soon found she could be a resource for mothers having breastfeeding difficulties.

Her 14 years of continuous personal experience of breastfeeding three boys include employment and pumping, nursing through pregnancy, tandem and extended breastfeeding, a son with tongue-tie and donating her own breastmilk.

She can guide your birth plan to support breastfeeding. She routinely treats issues with latch and tongue-tie, acute and chronic breast and nipple pain, insufficient milk-supply or too much production, fussy babies and reflux, poor weight gain, postpartum depression, and other maternal medical problems complicating breastfeeding.

*A family investing in a breastfeeding consult (and even a few supplies) comes out ahead.*

**MOTHERLOVE HERBS, BREASTFEEDING PILLOWS, PUMP PARTS, BRAS, SKIN CARE AND OTHER TOP-OF-THE-LINE PRODUCTS AVAILABLE IN THE OFFICE.**

## NUTRITION, WEIGHTLOSS & HORMONE

- Practical Nutrition Advice
- Hormone Testing and Natural Rx
- Rx for Weight Management
- Food Sensitivity Testing
- Micronutrient Vitamin Analysis
- Raw Vegan Supplements and Superfoods
- Skin Tags and Lesion Removal



### Permission to Mother



Denise Pungler, MD FAAFP IBCLC

"...an account of a thoughtful mother and clinician who courageously writes from her heart, soul, brain, and personal experience; who is open to change in her views and opinions and is not guided by the safety of rules of any group; she is guided by love and openness to the

experiences life brings her and her family. Her process benefits her and those around her and those who read her words... the story telling ability here make it a very enjoyable read speckled with both the humor and seriousness of life. ~Laura Keegan RN FNP, author of *Breastfeeding with Comfort and Joy*

*Available on amazon, kindle, and in the office.*

## FAMILY MEDICINE

Individualized care.

No single approach is best for all.

Allowing families to be involved in the decision making.

Dr. Pungler sees newborns right out of the womb, 99 year-olds, and every age in between.

### Denise Pungler, MD, FAAFP, IBCLC

Board Certified Family Practice  
International Board Certified Lactation Consultant



Pumps ♥ Slings ♥ Gifts

### Breastfeeding Medicine

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